

DRY FLOAT



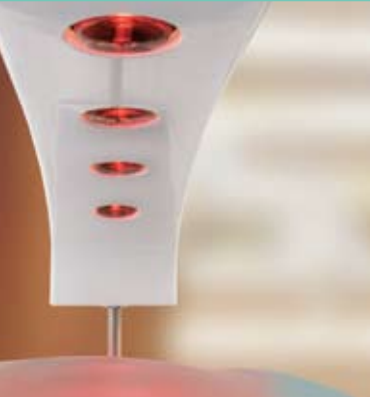
INFRARED



SOFTIME



WATERBED

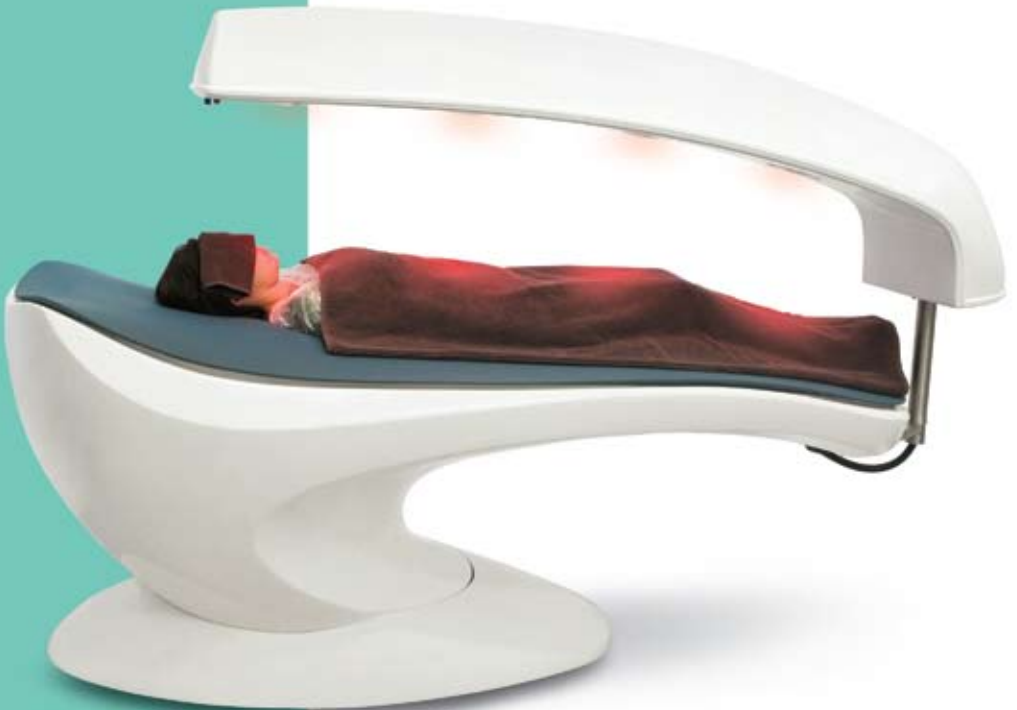


VIBRATION



Softime

HydroCo have implemented a combination of well recognized and accepted technologies that possibly for the first time ever, have been assembled in the one complete body treatment center at an affordable price.





Innovation

Softime is the latest product innovation from HydroCo, the internationally renowned brand of exceptional hydrotherapy systems.

Softime is destined to promote the development and improvement of body treatment services currently being offered in beauty, wellness and health facilities. Benefiting both the client through achieved results and of course the operator through increased business activity.

Ease of Installation

Designed so that the installation is as simple as it gets. With no plumbing and only a standard electrical connection, **Softime** can be located virtually anywhere and operational within hours.

The flexibility of **Softime** is obvious and therefore open's up possibilities that until now, may have been very limited.

- Multiple Uses
- Wraps
- Relaxation
- Massage
- Facials



- Detox
- Wraps
- Massage
- Facials
- Relaxation

Treatments

Body Wraps

Perform detox, mud, seaweed and vitamin wraps on **Softime's** unique waterbed. InfraRed and vibration features encourage a state of total relaxation throughout the experience. The ability to deliver a soothing massage and a facial during the wrap treatment will make **Softime** the most flexible piece of equipment in your facility.

Softime's temperature controlled waterbed also incorporates a vibration system to create a calming 'water ripple' resonance throughout the treatment. This resonating, vibrating effect relaxes muscles and stimulates movement throughout the body.

Seaweed, mud or vitamin wraps are infused by the heat source generated by both the waterbed and the over body InfraRed SWAY.





There is simply no other heat source required to aid the infusion process. The InfraRed soothing heat penetrates the skin deeply as body temperature is elevated.

Massage

Soothing, relaxing massages can be performed on **Softime**. One of the most effective means of relieving pain and relaxing muscles is the application of heat. The heat generated from the waterbed beneath the body and from the InfraRed SWAY over the body ensures total coverage.

Softime's waterbed provides possibly the best support a body can get. As the waterbed is laid upon, the water is displaced to contour the entire shape of the body and therefore providing full support.

Water is the gentlest and the most supportive surface on which to relax and sleep upon. Spreading body weight over its entire surface eliminates pressure points. With soothing heat and even distribution of body weight, the waterbed is incredibly kind on injured joints and muscles.

● Heat, relieves pain and relaxes muscles



- Far InfraRed
- Deep penetrating heat
- Effective pain relief
- Improves skin

Benefits of InfraRed

Softime utilizes Philips InfraRed heating technology. Delivering the optimum balance across the InfraRed emission spectrum to provide diffuse, pleasant body warming. Heating the body directly in a way that matches best human skin properties. 90% of energy is transmitted as InfraRed heat.

The InfraRed lamp emissions reach below the Dermis to the subcutaneous layer of the skin.

Injury/Pain Relief

InfraRed heat is used to provide treatment to relieve muscular pain and treat ailments like lumbago, neuralgia, myalgia and colds.

This form of heat therapy has also been shown to speed the healing of different kinds of injuries such as sports injuries and non-infected wounds – in many cases providing rapid and effective pain relief.





The benefits of this form of heat therapy are based on locally enhanced blood circulation in the skin caused by vasodilatory response. This results in an increased transport rate of metabolites and other essential biochemical compounds.

InfraRed heat dilates blood vessels providing relief and healing to muscles and soft tissue injuries. Increased blood circulation delivers oxygen rich blood to joints and muscles, relaxing muscles for greater flexibility and range of motion. InfraRed heat is also used to relieve pain from Arthritis and Rheumatism.

Calorie Burn and Weight Control

InfraRed rays penetrate deep into the skin and heat the body efficiently – heating of the body produces sweat. It is calculated that producing one gram of sweat requires 0.586 Kcal. It is documented that a moderately conditioned person can sweat off 500 gms in a sauna, consuming nearly 300 Kcal – the equivalent of running 3 - 5 kilometres [2- 3 miles].



● Calorie burn

● Cellulite reduction

A heat-conditioned person can easily sweat off 600-800 Kcal without adverse effects. While the weight of the fluid loss can be regained by drinking water, the calories consumed will not be.

Softime's InfraRed rays and the heat generated by the waterbed have been designed to enable controlled heating of the body as efficient as possible – and therefore – starting the sweating process efficiently

for when calorie burn treatments are undertaken. It is also believed that the deep penetrating InfraRed heat directed onto fat cells will assist in the 'clearing away' of cellulite.

Detox

InfraRed rays are used to remove toxins that are stored in our bodies. Humans are bio-accumulators – toxins that can not be expelled immediately





after entry are stored in our bodies. It is reported that when toxic gases or substances such as carbon dioxide, chlorine, lead, mercury etc meet water molecules in our bodies – they are encapsulated by them.

It has been reported that the InfraRed wavelength of between 7 – 14 microns, when applied to these water molecules, cause the water to vibrate, breaking down the molecule and allow encapsulated gases and other toxic materials to be released. The sweating process as a result of the heat source naturally expels waste materials from our bodies.

Improved Skin

Softime's InfraRed and waterbed heat source efficiently accelerates the sweating process. The sweating process clears clogged pores of deeply embedded impurities leaving the skin feeling fresh, clean and radiantly glowing.

Increased blood circulation feeds nutrients to the skin that, in turn, may relieve acne, psoriasis, eczema etc.

- Increase blood circulation
- Expels waste materials from our body



● Optimal heat source for treating deep seated muscular ailments and sports injuries

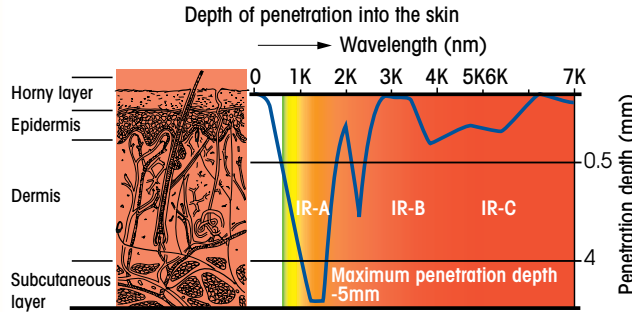
Benefits of Far InfraRed

Far InfraRed (FIR) is a wavelength of light that warms objects without warming the air between the source and the object – radiated heat.

Infrared waves are not visible to human eyes but can be seen by special

instruments that translate infrared into colours that are visible to our eyes.

The best example is the sun (80% of the sun's rays are infrared), Do not confuse InfraRed waves with UV radiation – Sunburn or Microwaves.





The InfraRed waves used in sauna type products range from between 3 – 20 microns and are safe compared to microwaves that start at 1000+ microns.

Our atmosphere allows infrared rays in the 7 to 14 micron range to safely reach the earth's surface. When warmed, the earth radiates infrared rays with its peak output at 10 microns.

The human body radiates infrared energy out through the skin at 3 to 50 microns, with most around 9.4 microns. It is said that the optimum range for the human body to emit and to receive Far InfraRed energy is between 6 – 20 microns.

You will not get 'sunburnt' or 'microwaved' in this InfraRed wavelength range.

Said benefits of InfraRed are:

- Detoxifies
- Calorie burn
- Weight control
- Strengthens immune system
- Increases metabolism
- Assist in cellulite reduction
- Assists in cardiovascular conditioning
- Eases aches and pains
- Assists with the body's recovery process
 - sports injuries etc
- Assists in skin tone and treatment of skin conditions

View softime DVD on website at: www.hydroco.com

● Safe
InfraRed rays





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HYDROTHERAPY EXPERIENCE CENTERS

www.hydroco.com

HydroCo (Australia) Pty Ltd
22 Pascal Road, Seaford
VIC 3198, Australia
t +61 3 8770 4000
f +61 3 9773 6122

HydroCo (USA)
438 Amapola Ave, Suite 130
Torrance, Los Angeles,
CA 90501
t +1 310 381 0071
f +1 310 381 0072

info@hydroco.com

